

Together we **deliver** careers with purpose and flexible lifestyles

Ob Hospitalist Group clinician testimonial



A shift to the Sunshine State



Dr. Shavonne Ramsey-Coleman began her career in OB hospitalist medicine in Ohio. She worked for a private physician group that held a hospital contract. She was able to work on cases for boards, tend to unassigned patients and further her experience as an OB/GYN.

Moving to Florida

After a few months contemplating a move to Florida, Dr. Ramsey-Coleman took the plunge. "For OB/GYNs considering moving to Florida, I would say do it now. It's doable when you are at a company like OBHG, the best company. I spent six months thinking about moving. And once I moved here, I was like, why did it take me so long?"

Moving to Florida is a lifestyle choice for many, especially those moving from colder climates. "I came from Ohio, and I lived in Pennsylvania before that," said Dr. Ramsey-Coleman. "I spent three to four months of the year not doing a whole lot of activities. Not being able to enjoy the outdoors, and not being able to just enjoy my family. Moving to Florida took away those dreary days. My seasonal affective disorder is completely gone. I wear flip flops every day. I love it."

When she moved to Florida, Dr. Ramsey-Coleman was introduced to outsourced hospitalist groups. After working with other hospitalist groups, Dr. Ramsey-Coleman accepted a position with Ob Hospitalist Group (OBHG).

“ I believe we're in a transition period where OB will be divided into outpatient and inpatient care. Hospitalist medicine offers a great lifestyle as far as being able to 'have it all' as a female physician. You can take part in your children's activities and PTA with some degree of flexibility. Unlike a private practice setting, you have a work schedule and can plan family activities. ”

– Dr. Shavonne Ramsey-Coleman
OB hospitalist



Lifestyle benefits

Working as an OB hospitalist allows Dr. Ramsey-Coleman more free time outside of work to focus on family, passion projects and travel. "We've been busy lately as I have two young children. My son is into basketball, football and anything with a ball. I am a T-ball mom, soccer mom and party planning mom. We planned a party for his team and we gave them all basketballs and they all autographed each other's basketballs. That's the fun stuff I get to do with the kids. My daughter is 14 and we're working on her summer plans. She's trying to volunteer at animal shelters and things like that."

Dr. Ramsey-Coleman's role as an OB hospitalist also allows her to be active in her kids' school. "I help with many of the parties, especially at the elementary school. There's also a women's group that meets on Wednesday mornings that I try to join when I'm not on shift," she says.

Money management classes

She has also discovered a new passion since moving to Florida - helping women make financial investments. "I feel like as physicians, we're always busy. Nobody taught us about the money aspect of it, looking at what we're investing in, and making sure we're on track for retirement, etc.," she said. "I'm enjoying working with women clinicians - physicians, CRNAs and nurse practitioners - helping them learn how to invest. I love doing that."

OBHG versus other companies

As someone who worked at other hospitalist companies, Dr. Ramsey-Coleman says that support, leadership and

focus are the main advantages of working for OBHG. "I worked at a competitor for three years," she said. "If I had a bad outcome, I didn't know who to contact. It was very vague. Like, 'oh, well, let me see who I should have you talk to.' We also didn't have a SAFE hotline, we didn't have a second victim program where you talk about your hard cases, none of that stuff. They just didn't have any of those programs to support OB/GYN clinicians."

Dr. Ramsey Coleman says that OBHG has a completely different OB hospitalist model than the other group she worked for, and truly makes her feel supported.



"I feel like I'm young in my career, I have lots of years left, and I want to extend my career. OBHG's resources help you extend your career by keeping you up to date, keeping your litigation down, and keeping you engaged with other clinicians in the field. And that's what OBHG does better than anyone."

– Dr. Shavonne Ramsey-Coleman
OB hospitalist



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